

## How to Prepare to an online lecture?

**Prepare yourself to the upcoming lecture-** As you would do to any lecture on campus.

- Read the **study material** from your textbook that you are going to discuss in class and read the online material that is available, such as the PPT (if the professor has provided you with one).
- **Prepare your roommates or family** that you are going to watch a lecture. Let them know the length of the lectures, so that they will not disrupt you. Another option is to use headphones to prevent distractions from things around you.
- **Prepare** and clean up your **work place** before starting the online lecture. A clean place is a clear mind.
- Be an active learner- **Note taking** during the lectures is very good- it helps you concentrate and remember, and it makes you really listen to the teacher. Choose (or try out and see) what works for you best handwritten notes or using a laptop.
- When watching recorded lectures use the pause button when you want to listen again for better understanding, or just note something.
- Do not take breaks during the lecture- **BUT** after watching an online class treat yourself with something nice (that does not include Netflix or Instagram!)