

May 2024

Dr. **Roy David Samuel** PhD

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Formal Education

Academic

- 2006 – 2009** **PhD Sport Psychology**, Department of Educational Psychology and Learning Systems, Florida State University, Tallahassee, Florida
 Dissertation: "From Obstacles to Triumph: A Scheme of Change for Sport Psychology Practice"
 Academic Advisor: Prof. Gershon Tenenbaum
- 2004 – 2005** **M.Sc. Sport Psychology**, School of Sport and Exercise Sciences, Liverpool John Moores University, Liverpool, U.K.
 Thesis: "The Influence of Redressive and Experiential Self-Control Skills on the Competitive Anxiety Interpretations of Sport Performers"
 Academic Advisor: Dr. Martin Eubank
- 2000 – 2003** **B.A. Psychology and Philosophy**, Magma Cum Laude, Department of Social Sciences, Tel-Aviv University, Tel-Aviv, Israel
 Academic Advisor: Prof. Michael Rosenbaum
 Cited on the Dean's list for excellent academic achievements in both psychology and philosophy, and awarded an academic excellence scholarship in philosophy

Professional

- 2021-present** *ISSP-Registry of Sport Psychology Practitioners*. International Society of Sport Psychology.
- 2006-present** *Licensed psychologist*, Register of Psychologists, Ministry of Health, Israel
- 2005** *Judo Coaching Certificate (Club Coach Award)* – British Judo Association, U.K.
- 2004** Member of the British Psychological Society
- 1995** *Judo Instructor Certificate* – Nat Holman School of Coaches and Instructors at the Wingate Institute, Netanya, Israel

Academic Employment

- 2016-present** Adjunct Lecturer in Sport Psychology, Reichman University, Herzliya, Israel
- 2013-2017** Adjunct Lecturer, Department of Sport Management, Florida State University, U.S.
- 2010-present** Adjunct Lecturer in Sport Psychology, Kibbutzim College of Education, Israel
- 2009-2014** Adjunct Lecturer in Sport Psychology, Zinman College of Physical Education and Sports Sciences, School of Sport Coaches and Instructors, Wingate Institute, Netanya, Israel
- 2009-2012** Adjunct Lecturer, Department of Educational Psychology and Learning Systems, Florida State University, U.S.
- 2009** Researcher, Learning Systems Institute, Florida State University
- 2009** Development of Distance Learning Graduate Level Courses in Sport Psychology and Advanced Coaching, Department of Sport Management, Florida State University, U.S.
- 2006-2009** Development and Instruction, Undergraduate Course in Sport Psychology, Department of Educational Psychology and Learning Systems, Florida State University, U.S.
- 2008-2009** Graduate Research Assistant, Learning Systems Institute, Florida State University, U.S.

Honors and Awards

- 2023** Interdisciplinary Center (IDC) - *Outstanding Teacher* award [Teaching excellence prize of 4000ILS]
- 2021** Interdisciplinary Center (IDC) - *Outstanding Teacher* award [Teaching excellence prize of 4000ILS]
- 2006-2009** PhD Academic Scholarship, Florida State University
- 2008** Florida Israel Institute Academic Scholarship
- 2005** Man of the Year in Sport Award 2005, Liverpool John Moores University, A nominee for "BUSA Sport Personality of the Year Award" on behalf of LJMU
- 2004** A Certificate of Distinction for scholarly achievements, Department of Psychology, Tel-Aviv University
- 2003** Excellence in Sport Award and an Academic Scholarship, Tel-Aviv University
- 2002** An Academic Distinction Scholarship, Faculty of Humanities, Tel-Aviv University

2002 A Certificate of Distinction for scholarly achievements, Department of Philosophy, Tel-Aviv University

Courses Developed and Taught

Sport and behavior sciences – M.A.

Stress and motor performance – M.A.

Sport psychology field practicum – M.A.

Supervision of Master final work – M.A.

Introduction to sport and exercise psychology – B.A.

Research seminar in sport and exercise psychology – B.A.

Sport psychology for sport instructors (textbook and course)

Sport Psychology for coaches (online course)

Advanced coaching (online course)

Student's Supervision

Meir, B. (2015). *Transitions between different levels and clubs as a career change-event in Israeli soccer players*. Final work submitted towards M.Ed. in education for physical activity and health. Kibbutzim College of Education, Israel.

Haj Yichye, A. (2016). *Changing a coach as a career change-event in Israeli soccer players*. Final work submitted towards M.Ed. in education for physical activity and health. Kibbutzim College of Education, Israel.

Sarig, E. (2018). *Integrating sensorimotor exercise during verbal lessons in class and the effects on students' attention*. Final work submitted towards M.Ed. in education for physical activity and health. Kibbutzim College of Education, Israel.

Kinan, R. (2018). *Motives, barriers, and self-efficacy for physical activity in gyms versus individual physical activity among Arab women from the Triangle area in Israel*. Final work submitted towards M.Ed. in education for physical activity and health. Kibbutzim College of Education, Israel.

Academic Publications

Refereed Journal Articles:

Samuel, R. D., Filho, E., & Galily, Y. (2024). Attention allocation in elite football refereeing: conceptual, empirical, and applied considerations. *Journal of Cognitive Psychology*.
<https://doi.org/10.1080/20445911.2024.2345407>

Samuel, R. D., Englert, C., Basevitch, I., & Galily, Y. (2024). The effects of VAR interventions on self-rated mental fatigue and self-rated performance of football referees. *International Journal of Performance Analysis in Sport*, 1-18. <https://doi.org/10.1080/24748668.2024.2340195>

Samuel, R. D., Stambulova, N., Galily, Y., & Tenenbaum, G. (2023). Adaptation to change: A meta-model of adaptation in sport. *International Journal of Sport and Exercise Psychology*. Advance online publication. <https://doi.org/10.1080/1612197X.2023.2168726>

Samuel, R. D., Aragão e Pina, J., Galily, Y., Travassos, B., Hochman, G., Figueiredo, P., & Tenenbaum, G. (2023). The effects of the 2020-2021 Coronavirus pandemic change-event on football refereeing: Evidence from the Israeli and Portuguese leagues. *International Journal of Sport and Exercise Psychology*, 21(1), 33–55. <https://doi.org/10.1080/1612197X.2021.2025139>

Samuel, R. D., & Brom, D. (2023). Potential applications of Somatic Experiencing® in applied sport psychology. *Journal of Sport Psychology in Action*, 14(2), 97–109. <https://doi.org/10.1080/21520704.2022.2119318>

Galily, Y., **Samuel, R. D.**, Filho, E., & Tenenbaum, G. (2021). Editorial: The psychology of sport, performance and ethics. *Frontiers in Psychology*, 12:658457. <https://doi.org/10.3389/fpsyg.2021.658457>

Samuel, R. D., Eldadi, O., Galily, Y., & Tenenbaum, G. (2021). Mobility and migration experiences of transnational coaches within the Israeli handball context. *Psychology of Sport and Exercise*, 53. <https://doi.org/10.1016/j.psychsport.2020.101853>

Samuel, R. D., Tenenbaum, G., & Galily, Y. (2021). An integrated conceptual framework of decision-making in soccer refereeing. *International Journal of Sport & Exercise Psychology*, 19(5), 738-760. <https://doi.org/10.1080/1612197X.2020.1766539>

Samuel R. D., Tenenbaum, G., & Galily, Y. (2020). The 2020 Coronavirus pandemic as a change-event in sport performers' careers: Conceptual and applied practice considerations. *Frontiers in Psychology*, 11:567966. <https://doi.org/10.3389/fpsyg.2020.567966>

Samuel, R. D., Matzkin, G., Gal, S., & Englert, C. (2020). The “10 Mentality:” A longitudinal case study of self-control strength in two competitive recurve archers. *Case Studies in Sport and Exercise Psychology*, 4(1), 142-151. <https://doi.org/10.1123/cssep.2020-0021>

Samuel, R. D., Galily, Y., Filho, E., & Tenenbaum, G. (2020). Implementation of the video assistant referee (VAR) as a career change-event: The Israeli Premier League case study. *Frontiers in Psychology*, 11:564855. <https://doi.org/10.3389/fpsyg.2020.564855>

Samuel, R. D., Stambulova, N., & Ashkenazi, Y. (2020). Cultural transition of the Israeli men's U18 national handball team migrated to Germany: A case study. *Sport in Society*, 23(4), 697–716. <https://doi.org/10.1080/17430437.2019.1565706>

Ashkenazi, Y., Kislev-Cohen, R., Arnon, M., Yehiel, A., Cale-Bonzoor, M., Dar, G., Haver, S., **Samuel, R. D.**, & Cancellario Dalena, S. (2020). Anthropometric characteristics and physical abilities of Israel male junior and national handball players—the influence of playing position. *Applied Research in Coaching and Athletics Annual*, 35, 178–204.

Samuel, R. D., Basevitch, I., Wildikan, L., Prosoli, R., & McDonald, K. (2020). Please stop changing the rules! The modifications of judo regulations as a change-event in judokas' and coaches' careers. *Sport in Society*, 23(4), 774–794. <https://doi.org/10.1080/17430437.2019.1669911>

Samuel, R. D., Galily, Y., Guy, O., Sharoni, E., & Tenenbaum, G. (2019). A decision-making simulator for soccer referees. *International Journal of Sports Science & Coaching*, 14(4), 480–489. <https://doi.org/10.1177/1747954119858696>

Samuel, R. D. (2019). Soccer referees' transition to the Premier League: A case study reflecting individual experiences and consultancy. *Case Studies in Sport and Exercise Psychology, 3*(1), 1–10. <https://doi.org/10.1123/cssep.2018-0017>

Samuel, R. D., Hirschfeld-Dicker, L., Tiram Vakrat, E., & Dubnov-Raz, G. (2019). Preferred weight-related terminology by parents of children with obesity. *Acta Paediatrica, 108*(4), 712–717. <https://doi.org/10.1111/apa.14538>

Samuel, R. D., Englert, C., Zhang, Q., & Basevitch, I. (2018). Hi ref, are you in control? Self-control, ego-depletion, and performance in soccer referees. *Psychology of Sport and Exercise, 38*, 167–175. <https://doi.org/10.1016/j.psychsport.2018.06.009>

Samuel, R. D., Roy, J., Lew, P., Arnon, M., & Tenenbaum, G. (2018). A New Approach in Evaluating Athletes' Pre-Performance Mental States in an Applied Context. *Journal of Contemporary Athletics, 12*, 31–47.

Samuel, R. D. (2017). Training prospective soccer referees using a deliberate practice perspective: The Israeli excellence program. *Journal of Sport Psychology in Action, 8*(3), 184–196. <https://doi.org/10.1080/21520704.2017.1287798>

Samuel, R. D., Zavdy, O., Levav, M., Reuveny, R., Katz, U., & Dubnov-Raz, G. (2017). The effects of maximal intensity exercise on cognitive performance in children. *Journal of Human Kinetics, 57*, 85–96. <https://doi.org/10.1515/hukin-2017-0050>

Samuel, R. D., Galily, Y., & Tenenbaum, G. (2017). Who are you, ref? Defining the soccer referee's career using a change-based perspective. *International Journal of Sport & Exercise Psychology, 15*(2), 118–130. <https://doi.org/10.1080/1612197X.2015.1079792>

Samuel, R. D., Tenenbaum, G., & Gil Bar-Meher, H. (2016). The Olympic Games as a career change-event: Israeli athletes' and coaches' perceptions of London 2012. *Psychology of Sport and Exercise, 24*, 38–47. <https://doi.org/10.1016/j.psychsport.2016.01.003>

Samuel, R. D. (2015). A psychological preparation framework for elite soccer referees: A practitioner's perspective. *Journal of Sport Psychology in Action, 6*(3), 170–187. <https://doi.org/10.1080/21520704.2015.1065938>

Samuel, R. D., Tenenbaum, G., Mangel, E., Virshuvski, R. Chen, T., & Badir, A. (2015). Athletes' experiences of severe injuries as a career change-event. *Journal of Sport Psychology in Action, 6*(2), 99–120. <https://doi.org/10.1080/21520704.2015.1012249>

Samuel, R. D. (2013). Counseling athletes in career change-events: Applying the Scheme of Change for Sport Psychology Practice. *Journal of Sport Psychology in Action, 4*(3), 152–168. <https://doi.org/10.1080/21520704.2013.804015>

Samuel, R. D., & Tenenbaum, G. (2013). Athletes' decision-making in career change-events. *The Sport Psychologist, 27*(1), 78–82. <https://doi.org/10.1123/tsp.27.1.78>

Samuel, R. D., & Tenenbaum, G. (2011). How do athletes perceive and respond to change-events: An exploratory measurement tool. *Psychology of Sport and Exercise, 12*(4), 392–406. <https://doi.org/10.1016/j.psychsport.2011.03.002>

Samuel, R. D., & Tenenbaum, G. (2011). The role of change in athletes' careers: A scheme of change for sport psychology practice. *The Sport Psychologist, 25*(2), 233–252. <https://doi.org/10.1123/tsp.25.2.233>

Samuel, R. D., Kim, C., & Johnson, T. E. (2011). A study of a social annotation modeling learning system. *Journal of Educational Computing Research*, 45(1), 117–137.
<https://doi.org/10.2190/EC.45.1.f>

Edited Books

Galily, Y., **Samuel, R. D.**, Tenenbaum, G., Filho, E., eds. (2021). The psychology of sport, performance and ethics. Lausanne: Frontiers Media SA.
<https://doi.org/10.3389/978-2-88966-679-9>

Refereed Book Chapters and Dictionary Entries:

Levental, O., **Samuel, R. D.**, & Galily, Y. (2022). Sports activism during the COVID-19 pandemic era. In P. Pedersen (Ed.), *Research handbook on sport and COVID-19*, ch. 33 (pp. 414–422). Edward-Elgar.

Samuel, R. D. (2021). Transitions and change in the sport career. In E. Filho & I. Basevitch (Eds.), *Sport, Exercise and Performance Psychology: Research directions to advance the field* (pp. 287–300). Oxford University Press USA.
<https://doi.org/10.1093/oso/9780197512494.003.0019>

Samuel, R. D. (2020). Referees: Developmental, performance, and training considerations. In M. Bertollo, E. Filho, & P. Terry (Eds.), *Advancements in mental skills training* (pp. 249–267). Routledge.

Stambulova, N., & **Samuel, R. D.** (2020). Career transitions. In D. Hackfort and R. Schinke (Eds.), *The Routledge international encyclopedia of sport and exercise psychology - talent and career section, Vol. 2* (pp. 119–133). Routledge

Samuel, R. D. (2019). Competitive climate. In D. Hackfort, R. J. Schinke, & B. Strauss (Eds.), *Dictionary of sport psychology* (pp. 56–57). Elsevier Publishers.

Samuel, R. D. (2019). Competitive goal orientation. In D. Hackfort, R. J. Schinke, & B. Strauss (Eds.), *Dictionary of sport psychology* (p. 57). Elsevier Publishers.

Samuel, R. D. (2019). Mastery goal orientation. In D. Hackfort, R. J. Schinke, & B. Strauss (Eds.), *Dictionary of sport psychology* (pp. 169–170). Elsevier Publishers.

[Hebrew]

Samuel, R. D. (2021). Deliberate practice. In G. Tenenbaum & Y. Galily (Eds.), *Expertise and Excellence* (pp. 59–76). Interdisciplinary Center Publication.

Samuel, R. D. (2022). Athletic career: Transitions, change-events, and termination. In L. Gershgoren., Lidor, R., & G. Tenenbaum (Eds.), *The psychology of sport, exercise, and performance: From theory to practice* (pp. 399–427). MOFET Institute.

Samuel, R. D., Lidor, R., & Tenenbaum, G. (2022). Psychological aspects in sport referees. In L. Gershgoren., Lidor, R., & G. Tenenbaum (Eds.), *The psychology of sport, exercise, and performance: From theory to practice* (pp. 555–592). MOFET Institute.

Levo, J. C., Basevitch, I., & **Samuel, R. D.** (2022). Competitive anxiety in sport. In L. Gershgoren., Lidor, R., & G. Tenenbaum (Eds.), *The psychology of sport, exercise, and performance: From theory to practice* (pp. 121–140). MOFET Institute.

Other Refereed Work

Johnson, T. E., Sikorski, E. G., Novak, E., Kocyigit, E., Rosenberg-Kima, R. B., **Samuel, R.**, & Becker, B. J. (2009) Feasibility of Modeling the Impact of Training in IMPRINT for 21st Century Air Force Needs (AFRL – BAA 05-04-HE) — Technical report prepared for the Air Force Research Lab, Human Effectiveness Directorate, Warfighter Readiness Research Division, 6030 South Kent Street, Mesa AZ 85212-6061.

Samuel, R. D. (2009). *Psychology of sport – A booklet for sport instructors* [Hebrew]. The Zinman College of Physical Education and Sport Sciences at the Wingate Institute, School of Coaches and Instructors. Netanya, Israel.

Manuscripts Currently under Review

Samuel, R. D., Englert, C., Basevitch, I., & Galily, Y. (2024). Football referees issue more yellow cards following VAR interventions – mental, tactical, and performance considerations. *Current Psychology*.

Samuel, R. D. (2024). Adaptation to change: A case study of a sailor who has experienced multiple career change events and became a World Champion. *The Sport Psychologist*.

Samuel, R. D., & Galily, Y. (2024). The delicate balance between achieving greatness and respecting legends: the case of breaking records in sport. *International Journal of Sport Policy and Politics*.

Samuel, R. D., Galily, Y., & Tenenbaum, G. (2024). War as a change-event in sport performers' careers: Reflections from the 2023 Israel-Hamas war. *Dynamics of asymmetric Conflict*.

Samuel, R. D., Hochman, G., & Galily, Y. (2024). The “silent” noise: Moving forward from bias to noise in football referees' decision-making. *New Ideas in Psychology*.

Conference Presentations and Workshops

Samuel, R. D. (2024, April 3). *The war experience as a career change-event* (presentation). Back to life: Sport, exercise, and resilience. Reichman University, Israel.

Samuel, R. D. (2023, March 20). *To decide or not to be: Mental aspect of decision-making in football referees* (presentation). The Voice in the Head: Theory and Practice in Sport Psychology. Reichman University, Israel.

Samuel, R. D. (2022, March 29). *Adaptation to change – theoretical and practical aspects* (presentation). Sport Psychology in an Era of Uncertainty. Reichman University, Israel.

Samuel, R. D. (2021, Dec 1-2). *Adaptation to change under uncertainty conditions – multidimensional psychological preparation for the 2020 Tokyo Olympic Games* (workshop). The National Conference of Coaching Science. Wingate Institute, Israel.

Samuel, R. D. (2021, September 30-October 4). *Soccer refereeing in the VAR era: Conceptual considerations and training implications*. In G. Tenenbaum (Chair), *Cognitive-dynamical approaches: Merging science and applications* [Symposium]. The 15th International Society of Sport Psychology World Congress, Taipei.

Samuel, R. D. (2019, Dec). *Mental aspects in training and competition of combat sports* (presentation). The annual meeting of the Israel Society of Sports Medicine, Ramat-Gan, Israel.

Samuel, R. D., Englert, C., Zhang, Q., & Basevitch, I. (2019, July 15-20). *Self-control strength and performance in soccer referees*. In C. Englert and I. Pfeffer (Chairs), *On the importance of self-control in sport and exercise psychology* [Symposium]. The 15th European Congress of Sport & Exercise Psychology, Münster, Germany.

Samuel, R. D., Stambulova, N., & Ashkenazi, Y. (2019, July 15-20). *Cultural transition for professional development: Case study of the Israeli men's U18 national handball team migrated to Germany*. In T. Ryba (Chair), *Crossing borders: Finding meaning and belonging in cultural transitions* [Symposium]. The 15th European Congress of Sport & Exercise Psychology, Münster, Germany.

Samuel, R. D., Englert, C., Zhang, Q., & Basevitch, I. (2018, June 7-10). *Self-control, ego-depletion, and performance in soccer referees*. In R. D. Samuel (Chair), *Mental considerations in athletes, coaches, and referees: An international perspective* [Symposium]. The 5th Wingate congress of exercise & sport sciences, Wingate Institute, Natanya, Israel.

Samuel, R. D., Galily, Y., Guy, O., Sharoni, E., & Tenenbaum, G. (2018, June 7-10). *Decision-making in soccer refereeing: Conceptual and practical considerations*. In R. D. Samuel (Chair), *Mental considerations in athletes, coaches, and referees: An international perspective* [Symposium]. The 5th Wingate congress of exercise & sport sciences, Wingate Institute, Natanya, Israel. The 5th Wingate congress of exercise & sport sciences, Wingate Institute, Natanya, Israel.

Samuel, R. D., Tenenbaum, G., Gil Bar-Mecher, H. (2017, July 10-14). *Israeli athletes' and coaches' perceptions of London 2012 as a career change-event*. In G. Tenenbaum (Chair), *Perceptions and concepts of working with elite athletes and coaches* [Symposium]. The 14th International Society of Sport Psychology World Congress, Seville, Spain.

Samuel, R. D., Tenenbaum, G., Mangel, E., Virshovski, R. Chen, T., & Badir, A. (2016, June 2-5). *Athletes' adaptation to severe injuries: A longitudinal study* (conference session). The 4th Wingate congress of exercise & sport sciences, Wingate Institute, Natanya, Israel.

Samuel, R. D., Galily, Y., & Tenenbaum, G. (2015, July 14-19). *The career change-event experiences of Israeli soccer referees: An exploratory study* (Poster presentation). The 14th European Congress of Sport Psychology, Bern, Switzerland.

Samuel, R. D., Galily, Y., & Tenenbaum, G. (2014, June 12-15). *Israeli soccer referees' decision-making in career change-events*. In R. D. Samuel (Chair), *Decision-making in soccer performers: A multifaceted perspective* [Symposium]. The 3rd Wingate congress of exercise & sport sciences, Wingate Institute, Netanya, Israel.

Samuel, R. D., & Zach, S. (2012, March). *Sport psychologists' expert panels. Innovations in sport psychology: Research and applications. Session in memory of Prof. Emma Geron*. The 2nd Wingate congress of exercise & sport sciences, Wingate Institute, Netanya, Israel.

Samuel, R. D., & Tenenbaum, G. (2010, June 3-6). *The role of change in athletes' careers* (Conference presentation). The 1st Wingate congress of exercise & sport sciences, Wingate Institute, Natanya, Israel.

Samuel, R. D. (2009, April). *From obstacles to triumph: A scheme of change for sport psychology practice*. A paper presented at the 1st annual SPEAR sport science conference, Tallahassee, Florida.

Invited Talks and Workshops (selected)

Samuel, R. D. (2022, Dec 1). *Adaptation to change in the world of sports*. A presentation given at the winter conference of the Israel Premier League football referees. Herzliya, Israel.

Samuel, R. D. (2022, Nov 22). *Adaptation to change in the world of sports*. A presentation given at the annual conference of "OZMA". Ramat Gan, Israel.

Samuel, R. D. (2021, Dec 31). *Stressors in the consultant's chair – a discussion panel*. An online seminar of the Israel Society of Sport and Performance Psychology. Tel- Aviv, Israel.

Samuel, R. D. (2021, June 23-24). *Developing mental toughness in physical education following a year of Coronavirus*. A presentation given in the annual conference of the schools' sports clubs. The Israel Sport School Association. Natanya, Israel.

Samuel, R. D. (2019, May 28). *Psychological aspects in girls' and women's sports*. A presentation given as part of "Worth in Sports" course of Atena for female sport managers. Tel-Aviv, Israel.

Samuel, R. D. (2017, Oct 24). *Life of excellence and achievement: the psychology of sport*. A presentation given to Ort high school principals. Tel-Aviv, Israel.

Samuel, R. D. (2016, Sep 27). *Building competence and motivation among Gen-Z female athletes*. A presentation given in the season's opening conference of Atena. Tel-Aviv, Israel.

Samuel, R. D. (2016, Mar). *Mental aspects in preparation for 2015-2016 Playoffs*. A professional workshop given to the Israel Premier League football referees. National Teams Facility. Shfayim, Israel.

Samuel, R. D. (2012, Nov 6). *Professional routines among elite athletes*. A professional workshop given to the Israel national women's judo team. Elite Sport Department. Natanya, Israel.

Samuel, R. D., & Eyal, N. (2011, Jan 5). *From strength to power in training and management*. A presentation given in the annual conference on elite female athletes' training. Atena Women's Sports Organization and the Elite Sport Department. Herzliya, Israel.

Samuel, R. D. (2012, Mar 6). *Coaches' coping with performance and organizational stressors*. A professional workshop to Israel National Teams ball games coaches. Elite Sport Department. Wingate Institute.

Samuel, R. D. (2010, Nov 10). *Achieving female athletes – role models*. A presentation given in the annual conference for Olympic female athletes. TopTeam, Atena, and the Elite Sport Department. Gaash, Israel.

Samuel, R. D. (2009, Dec). *Mental aspects among achieving female athletes*. A presentation given in the annual female athletes' conference. Israel Athletics Association and Atena. Natanaya, Israel.

Ad Hoc Review and Editorial Contributions

International Journal of Sport & Exercise Psychology (Editorial Board Member – 2021-present, Associate Editor – Jan. 2023-present)

Case Studies in Sport and Exercise Psychology (Editorial Board Member 2019-2021)

Frontiers in Psychology (Research Topic Editor 2020-2021)

Journal of Sport Psychology in Action (Special Issue Guest Editor)

Psychology of Sport & Exercise (Outstanding Contribution in Reviewing 2017)

International Review of Sport and Exercise Psychology

Frontiers in Psychology

Sport, Exercise, and Performance Psychology

Journal of Applied Sport Psychology

The Sport Psychologist

International Journal of Sports Science and Coaching

Research Quarterly for Exercise and Sport

Professional Associations Membership

International Society of Sport Psychology (ISSP)

British Association of Sport and Exercise Sciences (BASES)

European Federation of Sport Psychology (FEPSAC)

Israeli Society of Sport and Performance Psychology – Chairperson of Applied and Field Committee

Volunteering

2022-present Ayelet – The Federation of Non-Olympic Sport in Israel – Achieving Sport Advisory Board Member

Professional Consulting Experience

2023-Present Ayelet – The Federation of Non-Olympic Sport in Israel – Chief sport psychology consultant. In charge of providing consultation services to elite athletes and of supervising other consultants.

2022-Present Otzma Center of Sports Clubs – Head of Otzma mental project. In charge of developing and supervising 12 consultants who provide sport psychology services to various sports clubs.

2016-2021 Sport Psychology Consultant, Israel Handball Association. In charge of the mental development of the Israeli junior teams as part of a national project to promote Israeli handball.

2015-2016 Advisory Board Member, Welltika LTD.

- 2012-present** Sport Psychology Lecturer and Consultant, Athena National Project for Advancing Women's Sport, Israel.
- 2010-present** Sport Psychology Lecturer and Consultant, Israel Referee Association within the Israel Football Association.
- 2009-present** Sport Psychology Lecturer and Consultant, Elite Sport Department, Olympic Committee of Israel.
- 2009-present** Sport Psychology Consultant, Medix Center of Sport Medicine, Israel (Private practice).
- 2009-2019** Sports Director "Hadassah Neurim" (National Track & Field Academy), Israel.
- 2009-present** Lecturer and Consultant in Sport Psychology, Various Sport Associations (e.g., Gymnastics, Sailing, Volleyball) and Clubs (e.g., Hapoel Rishon Lezion Handball, Maccabi Rehovot Basketball) in Israel.
- 2010-2013** Sport Psychology Consultant, Hapoel Ra'anana Football Club, Youth Department and First Team, Israel.
- 2010-2016** Sport Psychology Consultant, Maccabi Petah Tikva Football Club, Israel.
- 2009-2010** Sport Psychology Consultant, Ramat Hasharon Youth Basketball Department (boys and girls).
- 2008-2013** Professional Advisor, Israeli Football Players Association, Israel.
- 2006 – 2007** Sport Psychology Consultant, Florida State University, Men's Tennis (NCAA D1), **supervised experience as part of Ph.D. training.**
- 2006** Sport Psychology Consultant, Maccabi Petach Tiqwa Football Club, Israel.
- 2005 – 2006** Sport Psychology Consultant, Nir Ramat Hasharon Football Club, First Team, Israel.
- 2005** Sport Psychology Consultant, Great Britain Squad for the 17th Maccabiah Games.
- 2005** Sport Psychology Consultant, Marine Football Club, Liverpool, U.K. **Supervised experience as part of M.Sc. training.**