



Course program and reading list

Semester 0 Year 2024

School: Baruch Ivcher School of Psychology

Trauma Exposure – Coping and Resilience

Lecturer:

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Teaching Assistant:

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Course No.:	Course Type :	Weekly Hours :	Credit:
3791	Seminar	4	4

Course Requirements :	Group Code :	Language:
Final Paper	240379101	English

Prerequisites

Prerequisite:

- 8000 – Introduction To Psychology
 - 8014 – Research and Measurement Methods
 - 8910 – Introduction To Statistics A
 - 8911 – Introduction To Statistics B
 - 8924 – Multivariate Statistics A
 - 8925 – Multivariate Statistics B
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 Course Description

In this workshop we will examine the consequences of exposure to traumatic events and the resilience factors that may moderate psychological and psychiatric consequences.

Trauma is defined as a very difficult event that leaves a long-term mental injury. Unfortunately, most people will experience a traumatic event in their lifetime, ranging from mild to severe levels. Surprisingly, there is great variation in response to traumatic events. These interpersonal differences can be explained by personal resilience factors and coping mechanisms. Throughout this course, we will learn about the different levels of a traumatic experience and present a research model for examining moderating resilience factors.



Course Goals

1. Providing an in-depth theoretical foundation on traumatic exposure, its consequences and resilience factors that moderate these consequences.
 2. Guiding and providing tools for writing the seminar paper.
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Grading

The course grade will be based on class participation throughout the year and the final paper submitted at the end of the year.



Reading List

The reading list will be finalized during the semester as students choose their research topics